

## Crowstone Manor - 4 week winter menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Chicken Pie Broccoli Cabbage Creamed Potatoes	Pork Chops Cauliflower Green Beans Creamed Potatoes	Sausages Fried Onions Baked Beans Creamed Potatoes	Steak & Kidney Pudd Carrots Broad Beans Boiled Potatoes	Fish & Chips (From the Shop)	Pork Casserole Broccoli Creamed Potatoes	Roast Beef, Yorkshire Pudding, Roast Potatoes Swede & Sprouts
	Apple Crumble & Custard	Mandarin Oranges & Ice-Cream	Semolina & Jam	Treacle Tart & Custard	Individual Fruit Yoghurts	Jelly & Evaporated Milk	Baked Custard
Week 2	Cottage Pie Mashed Parsnip Peas	Boiled Bacon Pease Pudding Carrots Creamed Potatoes	Toad-in-the-Hole Baked Beans Boiled Potatoes	Faggots Sprouts Cauliflower Creamed Potatoes	Cod Fillet Peas Grilled Tomatoes Creamed Potatoes	Chicken Casserole Cabbage Creamed Potatoes	Roast Lamb Roast Potatoes Green Beans Roast Parsnips
	Apple Pie & Custard	Rhubarb & Custard	Macaroni Pudding	Black Cherries & Ice-Cream	Jam Pudding & Custard	Angel Delight	Milk Jelly, Peaches & Evaporated Milk
Week 3	Shepherds Pie Peas Carrots	Beef Burgers Broccoli Cauliflower Creamed Potatoes	Sausages Egg Grilled Tomatoes Chips	Minced Beef with Bolognese Sauce Spinach & Leeks Pasta or Mash	Haddock Fillet Peas Carrots Creamed Potatoes	Lamb Casserole Cabbage Creamed Potatoes	Roast Pork, Roast Potatoes Swede Sprouts
	Stewed Apple & Custard	Blancmange & Evaporated Milk	Rice Pudding	Peaches & Ice-Cream	Lemon Curd Pudding & Custard	Pineapple & Ice-Cream	Shop Gateau
Week 4	Cold Pork Peas Cauliflower Jacket Potatoes	Lamb Chops Broccoli Cabbage Creamed Potatoes	Saveloys Fried Onions Pease Pudding Chips	Egg & Bacon Grilled Tomatoes Fried Potatoes	Skate Fillet Peas Carrots Creamed Potatoes	Beef Casserole Spinach Creamed Potatoes	Roast Chicken Roast Potatoes Green Beans Roast Parsnips
	Apple Sponge & Custard	Pears & Evaporated Milk	Chocolate Pudding & Evaporated Milk	Apricots & Custard	Syrup Pudding & Custard	Jam Tart & Custard	Fruit Salad & Jelly & Evaporated Milk